There is need of only one thing. Mary has chosen the better part and it will not be taken from her.

Luke 10:42
We welcome you to American Martyrs Catholic Community

Parish Facilities

Rectory / Pastoral Care
Mon-Fri, 9am-5pm | Sat, 10am-1pm
310-545-5651 | fax 424-327-9703

Parish Center:
700 15th St., Manhattan Beach, CA 90266

Welcome Center, 310-545-5651
Summer hours (through August 20) are:
Mon-Thurs, 8:30am-6pm | Fri, 8am-5pm
Sat, 4:30-6:30pm | Sun, 8:30am-1pm & 4:30-6:30pm

Elevator from Plaza/Welcome Center to Parish Offices/Deegan Place and Church walkway

Parish Offices, Mon-Fri, 9am-4:45pm

O’Donnell Hall - Use Plaza entrance.
St. Kateri Room - Use Deegan Place entrance or East parking lot entrance.

Elevator to St. Kateri/upstairs rooms in Blessed Virgin Mary wing inside East St. Kateri entrance

Blessed Virgin Mary Wing:
Our Lady of the Miraculous Medal Ground level - Enter from Plaza.
For the 2nd floor rooms, use either of the eastside entrances - Blessed Virgin Mary or St. Kateri:
Our Lady of Fatima
St. Juan Diego
St. Mother Teresa

American Martyrs School
310-546-4734 | 1701 Laurel Ave, MB, 90266

American Martyrs Preschool
310-802-8149 | 1705 Laurel Ave, MB, 90266

Gym - 310-802-8720 | 701 15th Street

Holy Family House - Use O’Donnell parking structure. Cross 15th St., past Gym, through gate, and up the stairs on the left side to the front door.

Parish House - 659 15th Street

Sacred Heart House - Use O’Donnell parking structure. Cross 15th St., and enter the schoolyard, and walk to the far side.

Spirituality Center - 770 17th Street
Use O’Donnell parking structure, and walk to 17th St.

Next Weekend’s Mass Celebrants

Sat 5:00pm: Fr. Paul Siebenand
Sun 7:00am: Fr. Tom Kelly
8:00am: Fr. Paul Siebenand
9:30am: Fr. Joe Kammerer (Livestream)
11:30am: Fr. Joe Kammerer
5:00pm: Fr. Tom Kelly
This schedule is subject to change.

We are happy that you have joined us today. If you are traveling, we hope you find our Catholic home welcoming.
If you are new to the area, we hope you return to celebrate with us, and please consider joining our parish community.
Stop by our Welcome Center for more info or visit us at www.AmericanMartyrs.org.

Reserving a Facility
Email your facility request (or for a table outside weekend Masses) including the date, time, # of people attending, purpose of the event, and a contact name, phone and email.

We make every effort to reserve a space to accommodate your needs. Church and Sacraments have priority for use of our facilities. We do not use our facilities for private parties.

Email: Facilities@AmericanMartyrs.org

Reserving a Facility

Pray for the Sick
Please pray for the sick in our community that they may find comfort and healing in Christ, especially:

Jeremy Jackson  Barbara Bell
Jack Radville  Kathy O’Mara
David Weber  Blake King
Sheri Skulick  Peter Champagne
Stephen Jagatich  Davis Warren
Maura Harrington  Greg Stratton
Pattie Medsgar

In Memoriam

Sam Brakel
May the souls of all the faithful departed, through the mercy of God, rest in peace.

Holy Matrimony

Third Banns: Scott Matrence and Megan Merrill
First Banns: Anthony Bergmann and Kelly Roth

Armed Forces

We pray for those serving overseas in our Armed Forces, especially:

Sgt Ciriaco Ayala - U.S.M.C.
CPT Maureen Bannoon - U.S. Army
LTJG Joshua Bergen - U.S. Navy
Capt Evan Bernstein - U.S.M.C.
Jonathan Concetti - U.S.M.C.
SGG Eric Cothren - U.S. Army
PVT Julia Cothren - U.S. Army
Sgt Charles Koffman - U.S. Army
2d Lt Dominick Lucenti - U.S. Air Force
1LT Nicholas Marquez - National Guard
CDR Mike McIroy Mullen - U.S. Navy
Brendan Quinn - U.S. Navy
LT Marissa Watson - U.S. Navy

Sacramental Information

Infant Baptism - 1st, 2nd & 3rd Sundays at 1:00pm
Complete the Family Information Form online at our website and then contact Deacon Fred Rose, 310-545-5651.
Pre-Baptism instruction for parents and godparents is required.

Next class is Sunday, August 11 at 7:00pm.

Adult Baptism, Confirmation & Eucharist (RCIA)

Deacon Derek & Terri Brown, RCIA@AmericanMartyrs.org
Rite of Christian Initiation for Adults welcomes and prepares adults for full participation in the sacramental life of the Church.

Classes begin in September.

Marriage - Contact Rectory at least 6 months prior to wedding date.

Anointing of the Sick - Celebrated at various times throughout the year. Call the Rectory anytime in case of serious illness.

Mass Intentions - Request in person at the Welcome Center.

Prayers for the Sick and Deceased - Contact the Rectory with the names of family members who are ill or deceased.

Funeral Planning
Contact the Rectory to arrange Funeral or Memorial Services.

Bereavement Support
Deacon Chris & Yvonne Amantea
camantea@AmericanMartyrs.org | yamantea@AmericanMartyrs.org

Daily Prayers of the Church

Eucharistic Adoration Chapel
Mon-Fri, 7am-8pm | Sat, 7am-5pm | Sun, 1pm-5pm
For off-hour access contact TBritton@AmericanMartyrs.org

Daily Rosary: Mon - Sat, 7:30am

Morning Prayer: Tues after 6:30am Mass

Our Lady of Perpetual Help (Devotion & Benediction): Tues after 8am Mass

Rosary for the Unborn: Wed after 5pm Mass, followed by the Divine Mercy Chaplet

Assistive Listening Devices

Headphones are available for 9:30am & 11:30am Sunday Mass.
If you have trouble hearing at Mass, check one out in the vestibule, and return the device after Mass.
### This Week

**Monday, July 22**
- 7:00 PM HFH Al-Anon Meeting

**Tuesday, July 23**
- 5:30 AM PH Men's AA Meeting
- 9:00 AM OLF Fr. Tom Kelly: "The Blessed Mother and Islam"
- 3:30 PM PH Legion of Mary
- 6:00 PM HFH Teen Tuesday
- 7:00 PM SCH Women's AA Meeting
- 7:30 PM StMT Al-Anon Meeting

**Wednesday, July 24**
- 2:00 PM HFH Teen Tuesday
- 4:00 PM B&B Latin Chant Class

**Thursday, July 25**
- 5:30 AM PH Men's AA Meeting

**Friday, July 26**
- 11:15 AM SpC Silent Meditation
- 3:00 PM SpC Matthew 25 Saturday Blessings

### Next Weekend

**Saturday, July 27**
- 10:00 AM HFH AA Women's Meeting
- 5:00 PM Plz Food Drive
- 7:30 PM SCH Women's AA Meeting

**Sunday, July 28**
- 7:45 AM ODH Coffee and Donuts
- 8:00 AM Plz Food Drive
- 10:00 AM SpL Spirituality Library (until 4:00 PM)

### Mass Intentions and Readings for the Week

**Monday, July 22 - St. Mary Magdalene**
**Readings:** Sgs 3:1-4b or 2 Cor 5:14-17; Ps 63:2, 3-4, 5-6, 8-9; Jn 20:1-2, 11-18
- 8:00 Dorothy O'Neil † (Mike O'Neil)
- 12:10 Mary Scaltrito † (Scaltrito Family)
- 5:00 Craig Drennon † (Robert Eshbaugh Family)

**Tuesday, July 23 - St. Bridget**
**Readings:** Ex 14:21-15:1; Ex 15:8-9, 10 and 12, 17; Mt 12:46-50
- 6:30 John Sturgeen † (Condon Family)
- 8:00 Tom Holt † (Pat Holt)
- 12:10 Victor Ramirez † (Tony Orton)
- 5:00 Nancy Tiller † (John Clifford)

**Wednesday, July 24 - St. Sharbel Makhluf**
**Readings:** Ex 16:1-5, 9-15; Ps 126:1bc-2ab, 2cd-3, 4-5, 6; Mt 20:1-9
- 8:00 Natasha Stelmar (Ildi Halloran)
- 12:10 Monica Hughes † (AMC Staff)
- 5:00 Robert Reamer † (Jerry & Cherri Olson)

**Thursday, July 25 - St. James**
**Readings:** 2 Cor 4:7-15; Ps 19:8, 9, 10, 11; Mt 13:1-9
- 6:30 Fred Castronovo † (Frank & Ellie Olivadoti)
- 8:00 Helen Grik (Tom Klimasz)
- 12:10 Lydia Gale Thomas †
- 5:00 Julia & George Barry † (Tom & Debbie Feeley)

**Friday, July 26 - Sts. Joachim and Anne**
**Readings:** Ex 20:1-17; Ps 19:8, 9, 10, 11; Mt 13:18-23
- 8:00 Dorothy Higi † (Doreen & Dave Harrington)
- 12:10 Margaret Donovan Kelly (The Kellys & Maria Borlado)
- 5:00 Lisa Scaltrito (Donna Scaltrito)

**Saturday, July 27**
**Readings:** Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15; Mt 13:24-30
- 8:00 Alma Stich † (Raymond Stich)
- 5:00 Ed & Camille Mucha † (Jane & Bob Sullivan)

**Sunday, July 28 - Seventeenth Sunday in Ordinary Time**
**Readings:** Gn 18:20-32; Ps 138:1-2, 3-4, 5-6, 7-8; Col 2:12-14; Lk 11:1-13
- 7:00 Marianne Walters † (Richard & Kathie Nichols)
- 8:00 Jim Essman † (Chuck & Nancy Wuller)
- 9:30 For the Parishioners, Living and Deceased
- 11:30 Kathy Sterne † (John & Christine Conway)
- 5:00 Marie DeMott - St. † (Bobbi Krag)

### Planned Giving

*Don't cancel life insurance you no longer need!*

By naming American Martyrs as beneficiary, you provide lasting financial support and possibly qualify for tax benefits as well. For information, contact Bob Hodges at 310-545-5651 or bhodges@AmericanMartyrs.org

Find this bulletin online at AmericanMartyrs.org
Join us for a Summer Reading Program sponsored by Beautifully Wonderfully Made.

More than ever, politics seems driven by conflict and anger. Toxic political dialogue, hate-filled rants on social media, and agenda-driven news stories have become the new norm. It’s exhausting, and it’s too much.

In "I Think You’re Wrong (But I’m Listening)" two working moms from opposite ends of the political spectrum contend that there is a better way. They believe that we can

• Choose to respect the dignity of every person
• Choose to recognize that issues are nuanced and can’t be reduced to political talking points
• Choose to listen in order to understand
• Choose gentleness and patience

Sarah from the left and Beth from the right invite those looking for something better than the status quo to pull up a chair and listen to the principles, insights, and practical tools they have learned. As impossible as it might seem, people from opposing political perspectives truly can have calm, grace-filled conversations with one another – by putting relationship before policy and understanding before argument.

Copies of the book are available in the Welcome Center.

Join us for an evening with the author (via Skype) to discuss the book Sunday, August 18, 6:30-8PM.
Coffee & Donuts in O’Donnell Hall
Coffee & Donuts are being served after the 7AM, 8AM, and 9:30AM Masses.

NEXT WEEK: Liturgical Ministries will host Coffee & Donuts in O’Donnell Hall after the 7AM, 8AM, and 9:30AM Masses.

Legion of Mary Auxiliary Luncheon
Please join us TODAY, July 21 from 1:00-3:00PM in St. Kateri, to thank our Auxiliary members.
Benediction in the Church at 3:00PM with Fr. Joe.
Lunch will be catered by Jean Cordero, of Entertaining Friends.
Please RSVP to Jenny, 310-379-6541

Social Seniors Brunch is Next Sunday, July 28 at 1:00PM at Islands Restaurant (3200 Sepulveda Blvd. in the Manhattan Village Mall.)
RSVP to Claudia, 310-546-2377 or Magda, 323-447-0565.

Seniors Brunch

Are you interested in trying a LATIN CHANT CLASS?
Join us to sing the latin chants of the Mass and learn its rich history in the Roman Church. Our class is on Mondays, 3:00-5:00PM and Wednesdays 4:00-5:00PM, throughout the summer.
We meet in the Sts. Brigid & Brendan Music Room up the back stairs from O’Donnell Hall.
(PLEASE TEXT RSVP to Bridget Alario 310-748-9870)
Sponsored by the Academy of the Two Hearts, an AMCC ministry.

Upcoming Workshops - Career Bridge Builders
All are welcome; there is no fee.
Please RSVP: text 310-779-6099, or to the email below.

Making Social Media and LinkedIn Work for You - Walt Kasha Part 2 - Thursday, July 25, 7:00–9:00PM
The event of the summer. Explore the power of social media, LinkedIn and other web based tools in your job search. Participants will learn the basics of LinkedIn and how to make it your personal recruiter, expand your network, and enhance your online image.
All sessions are in Our Lady of the Miraculous Medal room.
For More Information: Andrea Connolly, careerbridgebuilders@AmericanMartyrs.org or check out our group on LinkedIn

The Role of the Blessed Mother in Islam
Did you know that Mary is mentioned more times in the Koran than in the New Testament?
Join us Tuesday, July 23 at 9:00AM for a talk by Fr. Tom Kelly about the Blessed Mother and Islam.
Tuesday, July 23 at 9:00AM
Our Lady of Fatima
(located on the second floor of the Blessed Virgin Mary wing, use the new eastside entrance to the stairs, or the eastside St. Kateri entrance for the elevator)

Scrip, etc
Looking for a Way to Support our Local Businesses?
The vendors below contribute a percentage of each gift certificate purchase to our scrip program. Please consider using scrip when you patronize these local businesses. And thank them for supporting our parish community!

Food & Drink
Arthur J’s • California Pizza Kitchen • El Gringo • El Sombrero
Erocles • Fishbar • Fishing with Dynamite • Good Stuff
Grunions • Hermosa Beach Fish Shop • The Kettle
Lil Simmzys • Local Yolk • Mangiamo • Martha’s 22nd St. Grill
MB Post • OBs Pub & Grill • Ocean Diner • Panchos
Rock & Brews • Shellback Tavern • Simmzys • Sions
Tin Roof Bistro • Tomboys • Wahoo’s Fish Tacos
Bakery, Coffee & Pizza
Beckers Bakery • Java Man
Manhattan Bread & Bagel • Two Guns Espresso
Beach Pizza • Blaze Pizza • Fresh Bros. Pizza
Round Table Pizza • Union Pizza Company
Clothes & Shoes
Beehive • BLVD • Deep Pocket Jeans Co
Spyder • Super Sports • Wright’s
Specialty Grocers, Produce & Wine
Bacchus Wines • Barsha Wines & Spirits
Bristol Farms • Grow, the Produce Shop • Manhattan Meats
Hair, Nails, Salon and Spa
Body Suite Spa • Dominic Nail Spa • Hush Hush Hair Salon
Trilogy Spa • Vicara Aveda Salon
Specialty Shops
Cultured Slice Cheese Shop • Pages Bookstore
Tabula Rasa • Ten Thousand Villages
Scrip Summer Hours: Weekdays: 9AM – 1PM
Sunday: 8:30AM – 11:30AM
Special Orders or Other Info: Contact the Scrip office at 424-327-9608 | ScripDesk@AmericanMartyrs.org

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MB Post • OBs Pub & Grill • Ocean Diner • Panchos
Rock & Brews • Shellback Tavern • Simmzys • Sions
Tin Roof Bistro • Tomboys • Wahoo’s Fish Tacos
Bakery, Coffee & Pizza
Beckers Bakery • Java Man
Manhattan Bread & Bagel • Two Guns Espresso
Beach Pizza • Blaze Pizza • Fresh Bros. Pizza
Round Table Pizza • Union Pizza Company
Clothes & Shoes
Beehive • BLVD • Deep Pocket Jeans Co
Spyder • Super Sports • Wright’s
Specialty Grocers, Produce & Wine
Bacchus Wines • Barsha Wines & Spirits
Bristol Farms • Grow, the Produce Shop • Manhattan Meats
Hair, Nails, Salon and Spa
Body Suite Spa • Dominic Nail Spa • Hush Hush Hair Salon
Trilogy Spa • Vicara Aveda Salon
Specialty Shops
Cultured Slice Cheese Shop • Pages Bookstore
Tabula Rasa • Ten Thousand Villages
Scrip Summer Hours: Weekdays: 9AM – 1PM
Sunday: 8:30AM – 11:30AM
Special Orders or Other Info: Contact the Scrip office at 424-327-9608 | ScripDesk@AmericanMartyrs.org
We have an interesting set of readings on this Sixteenth Sunday in Ordinary Time.

Our first reading from Genesis is the familiar story of Abraham welcoming three strangers into his tent. He gives them water for washing, and food and drink. Our reading ends with one of the strangers (the Lord) saying, "I will surely return to you about this time next year, and Sarah will then have a son." This reading is a nice, tight story about being welcoming and hospitable. The story becomes a little more intriguing if you read the next few verses. It turns out that Sarah was listening to the prediction of a child and laughed upon hearing it. She apparently did not have faith that the Lord could do marvelous things. Sarah did give birth to a son. Yes, we should be welcoming, more importantly, we should have trust that anything is possible with the Lord.

The Gospel from Luke is also a familiar story about the day that Martha and Mary hosted Jesus in their home. We are told that Martha, as a good steward, welcomes Christ but then becomes "burdened with much serving." In the meantime, her sister chooses to simply sit with Jesus, listening to Him speak. After a complaint from Martha, Jesus explains that Mary has chosen something better than serving and is putting Jesus first in her life. Martha on the other hand, was putting a perceived urgent task, serving, ahead of a much more important task, concentrating on Jesus. Yes, we should be welcoming, more importantly, we should put Jesus first in our lives.

As we attend Mass, the central point of our Catholic Faith, we should ask ourselves where are we. Not in the sense of a physical location, but where is our attention. Jesus is present in the Word and the Eucharist at our Vigil and Sunday Mass. Are we sitting at His feet? Are we paying attention to Him? Do we trust Him? Or are we worrying about how to get through another hectic weekend as we put urgent things ahead of important things?

Finally, we must recognize that our relationship with Jesus requires that we see Christ in each other, especially in those who may be strangers. After all, we are all members of the Body of Christ.

Please contact us at Stewardship@AmericanMartyrs.org, with questions or comments about Stewardship.
**Matthew 25 Outreach - Santa Monica**

On **Saturday, July 27**, Matthew 25 will go to Santa Monica (OPCC at 503 Olympic Blvd) to serve those in need. We meet in the AMC parking lot at 7:00AM and return about noon.

We greatly need **gently used or new clothing** including jeans, shirts, shoes and jackets - plus small containers of hygiene products including deodorant, sunscreen, toothbrushes, etc. Clothes can be left at the Parish Office or at the storage lockers in the underground parking near the stairs. **Used school backpacks are also a welcome donation for the homeless clients.**

To volunteer, contact Mike Concannon, 714-852-2112 or Concannon312@yahoo.com.

**Matthew 25 Supports The Catholic Worker**

The Los Angeles Catholic Worker (LACW) was founded in 1970 to serve the poor and homeless on LA’s Skid Row.

**When do we go?**

Six volunteers from American Martyrs go to Catholic Worker twice a month, on the 2nd Tuesday and 4th Thursday.

**What do we do?**

We help prepare and serve a midday meal from 9:30AM - 12 NOON. We do what the core team asks us to do: cutting and chopping food, buttering bread and/or bagels, working the food line, after meal clean-up and other tasks as assigned. Our work day runs from 7:00AM - 1:00PM which includes a one-hour round trip drive to the “Hippie” Kitchen in downtown Los Angeles. We coordinate with each other to carpool, as parking is limited.

**How can I be one of the six American Martyrs parishioners who go to the Catholic Worker?**

A roster of those who regularly support this Matthew 25 Ministry is maintained. Usually, ten days or so before our next scheduled day, those on our roster are asked, "Who wants to go this time?" If you would like to go, contact the coordinators listed below and we will attempt to place you on a future team.

**Requirements:** Be on time, commit for the whole day's work, wear clothes that you don't mind getting food stained, and a hat (gloves are provided). You have one optional break to sit and eat the meal that is being served. Above all, treat our customers with dignity, respect, and a smile. You must be at least 16 years or older, and must be part of the American Martyrs team of six previously identified.

**Coordinators**

Paul Jacoby, pgjacobby2@verizon.net, 310-507-4405

The following items are needed on an ongoing basis and can be dropped off at the Parish Center offices.

- Shampoo & conditioner (all sizes)
- Bar soap / liquid hand soap
- Body lotion
- Toothbrushes and toothpaste (all sizes, all brands)
- Containers for food (16 oz. or larger)

For more information visit [www.lacatholicworker.org](http://www.lacatholicworker.org)

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**Matthew 25 meets monthly on the 1st Tuesday at 7:00PM. Please join us to see how you can get involved in service!**

**Our next meeting is Tuesday, August 13 (the 2nd Tuesday) in the Parish House.**

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**Life & Family Ministry**

The Life and Family Ministry includes education, activities, support and service in the following areas:

- Abortion & Crisis Pregnancy
- Natural Family Planning
- Zellie’s Girls - Spiritual growth & support for mothers
- Post-Abortion Healing
- Adoption & Foster Care
- St. Joseph’s Fathers - Supporting fathers in spiritual growth
- Human Trafficking Awareness
- Miscarriage & Stillbirth
- Couple-to-Couple - Connecting couples for spiritual mentorship
- Exceptional Children
- Family Education
- Elder Care and End of Life

Ministry brochures are in the vestibule of the Church.

For information about **Life and Family Ministry**, contact Steve Perry, 818-800-5653 | LifeandFamily@AmericanMartyrs.org

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**Ongoing Outreach with Matthew 25**

**Contact:** Matthew25@AmericanMartyrs.org

**PJ Murphy, 310-430-5676**

**LA Catholic Worker:**

2nd Tuesday and 4th Thursday of every month, 7AM - 1:00PM

Contact: Diane Dumond, dumonddiane@gmail.com (Tuesdays)
Paul Jacoby, pgjacobby2@verizon.net (Thursdays)

**Hearts for the Hungry**

**Saturday Blessings:** Every Saturday to downtown LA
Contact: PJ Murphy, 310-430-5676
pjmurphy90266@gmail.com

**St. Francis Center:** 1st Saturday of every month
Contact: Matt Conway, matt.conway.1618@gmail.com

**St. Lawrence of Brindisi:** 2nd Saturday of every month,
Contact: Jim Quilliam, jimquilliam@outlook.com

**Santa Monica:** last Saturday of every month, 7AM - 12NOON
Contact: Michael Concannon, 714-852-2112
michael.concannon@bovislendlease.com

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Find this bulletin online at AmericanMartyrs.org
Faith Formation

Sunday Preschool Registration for 2019-20 is open
Find the link at the AmericanMartyrs.org website.

We are always looking for new teachers!
Come rediscover the beauty of God’s creation through the eyes of a child.
Questions? Please contact us!
Kathy Glynn, SundayPreschool@AmericanMartyrs.org

Faith Enrichment & Prayer

When we pray, we join a steady stream of prayer that began more than 2,000 years ago. With our world around us constantly in a state of flux, there is a special grace in knowing there is a place that is sacred and unchanging, a place where we can go to be renewed in the love that is ours by way of God’s grace.

We all have gifts differing. There are many pathways to prayer.

Bible Studies
Tuesday Morning Scripture Group (on Summer break)
Tuesdays, 9:15-11:00 AM, in the Spirituality Center
Contact: Alvin Fletcher, 310-379-5241

Sunday Scripture Reading with Fr. Joe (on Summer break)
Wednesday, 10:00-11:30 AM, in Our Lady of the Miraculous Medal

Monday Morning Faith Sharing (on Summer break)
Mondays, 9:00-11:00 AM, in the Parish House
Contact: Joanne Dispoto, jodispoto@gmail.com | 310-344-5833

Silent Meditation
Friday, 11:15-12:00 noon, in the Spirituality Center Chapel
(Use Pacific Ave. entrance.)
Contact: Beverly Busby, 310-376-2056

Spiritual Direction
Contact: Jenny Attanasio for referral, 310-545-5651

Spiritual Library (The Upper Room)
Open Sunday, 10:00 AM-4:00 PM, in the Spirituality Center, 2nd floor
Contact: Anna, 310-374-0863 or Millie, 310-938-3125

Virtus Training (Protecting God’s Children):
Thursday, August 22, 7:00-10:00 PM, St. Kateri
Tuesday, September 3, 7:00-10:00 PM, St. Kateri
Registration is required at the Virtus website.
Go to www.virtusonline.org and click First Time Registrant and then view the American Martyrs session listed in the Los Angeles-San Pedro region.

Virtus Recertification (Keeping the Promise Alive):
Wednesday, August 21, 7:00-8:30 PM, St. Kateri
If these dates do not fit your schedule, check the session listings on the Virtus website under Los Angeles - San Pedro Region or Los Angeles - Our Lady of the Angels Region for other opportunities.

Virtus is an awareness program on Child Sexual Abuse and a requirement for all parents in AMS and SRE, as well as all liturgical ministers and volunteers in the parish. The course certification is valid for four years.

Prayer is not just spending time with God. It is partly that - but if it ends there, it is fruitless.

No, prayer is dynamic. Authentic Prayer Changes Us - unmask us, strips us, indicates where growth is needed. Authentic prayer never leads us to complacency but needles us, make us uneasy at times. It leads us to true self-knowledge, to true humility.

St. Teresa of Avila

Interested in good books?
Visit the UPPER ROOM in the Spirituality Center,
770 17th Street, M.B. † Sundays, 10am - 4pm
The AMCC collection of 2500+ faith-based books, CDs and DVDs, is available for easy check-out.
See the complete list on the AMCC website under EXPLORING MY FAITH

Questions? Anna Jung, 310-374-0863 or Millie Maloney, 310-938-3125
**Youth Ministry**

**Teen Tuesday Bible Study**
Tuesdays, 6:00 PM and Wednesday, 2:00 PM in Holy Family House, all high school teens are invited.

**Summer Conferences!** Great retreat opportunities hosted by the Archdiocese of Los Angeles and held on the beautiful campus of UCLA (City of Saints) or hosted by Franciscan University and held on the USD Campus (Steubenville San Diego).

Each weekend conference (3 days/2 nights) is filled with speakers, worship, prayer, and Mass, all in the company of thousands of other teenagers from across the country. These are truly life changing experiences and all high school aged teens are invited to join us!

- **July 26-28** (Steubenville San Diego)
- **August 2-4** (City of Saints Teen Conference)

**SCHOOL OF RELIGIOUS EDUCATION (SRE)**

Register now for next year’s SRE program for grades 1-8! Classes begin in September.

New parent orientations are at the end of August.

Our **Families in Faith** site has links to apply online for our classes and calendars. [www.familiesinfaith.weebly.com](http://www.familiesinfaith.weebly.com)

**Returning Families** can re-register students at the Parent Portal link on our **Families in Faith** site. Enter new siblings through the online application link.

**New Families to SRE** can find the New Student Application link at our site.

**Imagine a wonderful hour a week with your young people - Be a teacher in our SRE program!**

Our hundreds of young people are in need of loving people who feel God’s call to share the Good News. We offer support, training and materials you will find enrich the experience. The only missing ingredient is YOU!

**Top Reasons to Become a Catechist** - by Joe Paprocki

1. You will grow in your own faith, learn the teachings of the Church, and deepen your relationship with Jesus.
2. Your Baptism calls you to share in Jesus’ ministry.
3. Children, teens, and adults in today’s world, more than ever, need to hear the Good News of Jesus.
4. Children, teens, and adults in today’s world, more than ever, need to encounter good role models of faith.
5. You have much to share with those you’ll teach, and you’ll have opportunities to share faith with other catechists.
6. Today’s catechetical textbooks/resources offer outstanding support.
7. You'll be challenged, you'll have fun, and you'll make new friends.
8. You’ll be helping people deepen their relationship with Jesus. (You’ll be evangelizing!)
9. You’ll be handing on a 2000 year-old Tradition that changes lives.
10. It’s our job: Jesus sent us to “go and teach all nations.”

Classes are forming for September. Please contact Patti Williams for an interview.

**Director of Religious Education:** Patti Williams, 310-546-4734

PWilliams@AmericanMartyrs.org

**SAFEGUARD THE CHILDREN**

**Drug use prevention starts at home**

You know it’s important to keep your children, especially teenagers, away from drugs, but besides lecturing, how can you impress this importance on your children? Setting an example at home is a great start - watch how you communicate subtle messages about your own substance use, such as a glass of wine after a “hard day” or overdoing it on prescription medication.

Additionally, talk to your children about drug-related rules in real contexts, like parties. Give them realistic scripts for saying no if friends offer them drugs, so they have real options when the time comes. For more prevention ideas, get a copy of the VIRTUS® article “Ten Prevention Practices You May Not Have Considered” at [http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx](http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx).

For particular help, call Assistance Ministry at 213-637-7650.
CONTACT INFORMATION

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Lou Anne Cappiello lcappiello@AmericanMartyrs.org

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SUNDAY PRESCHOOL Kathy Glynn sundaypreschool@AmericanMartyrs.org

AMERICAN MARTYRS SCHOOL 310-545-8559 | Fax 424-327-9704
PRINCIPAL, Camryn Friel, Ed.D. AMS@AmericanMartyrs.org

AMERICAN MARTYRS PRESCHOOL 310-802-8149
DIRECTOR, Mara Zepeda mzepeda@AmericanMartyrs.org

A Sign Language Interpreter is available for Sunday 5:00 pm Mass, weddings, and funerals. Please call Gigi 310-528-9024.
Casa De Los Angelitos Maternity Home, 310-325-8208
24 Hour Pregnancy Helpline, 310-787-HELP
ARCHDIOCESE OF LOS ANGELES SEXUAL MISCONDUCT REPORTING LINE, 800-355-2545
VICTIMS ASSISTANCE MINISTRY Heather Banis, 213-637-7650

GYM, FIELD & ATHLETICS
Lou Ann Selsky, 424-327-9578 | Gym@AmericanMartyrs.org

SENIORS EXERCISE
Tuesday and Thursday, 10:00-11:00 am (no charge)
30 min. senior aerobics / 30 min. senior yoga.
Always go at your own pace; the class is run by CD, not an instructor. Come have some fun with us!

WOMEN’S VOLLEYBALL
Tuesday and Thursday, 8:00-10:00 pm
All players welcome, from beginners to advanced. Tuesdays are instructional; Thursdays are free play.
Rocky Wade, rockyvball1@hotmail.com

MEN’S AND WOMEN’S COED VOLLEYBALL
Tuesday, 8:00-10:00 pm
Intermediate skill levels and recreational play.
John Wargnier, 310-796-1058 | johnwargnier@AmericanMartyrs.org

GYM CONTACT:
Lou Ann Selsky, 424-327-9578 or lselsky@AmericanMartyrs.org

GYM & FIELD RESERVATIONS:
Contact Pat Breen, Gym Committee Chair
Gym@AmericanMartyrs.org

American Martyrs Rosary available in the Welcome Center
Blue Glass † Walnut † Rosewood † Pearl
Give the gift of Prayer
Our Summer Camp at the Gym & Field is Monday-Friday, 9am-3pm and is open to everyone, ages 5-12. Information and registration at TheFunCamp.com

Summer Fun for Everyone
Camp is open for EVERYONE!
June 10th - August 16th • 9am-3pm
Ages 5-12
Camp is held @ American Martyrs Gym & Field.

AT THE SERVICE OF THE FAMILY FOR LIFE! - MARYCREST MANOR
The Carmelite Sisters offer short-term and long-term care for seniors, with the unique blend of social, recreational, educational and religious activities in a caring, tranquil, and home-like environment. Call for further information, tour or application.

Day at the Beach 'Adopt a Child for One Day' is a little over a month away! Please join us for this incredible community outreach event by sharing your time and love with an at-risk youth for a day at the beach and make a difference in a child's life. Get ready for a fun day in the sun!

Saturday, July 27 from 9:00AM - 3:00PM at 8th St & The Strand in Manhattan Beach

Please join us and be a part of the magic:
• Become a mentor and be paired one-on-one with an at-risk child
• Become a volunteer and assist the PSILYF team
• If you cannot join us, you still have the opportunity to help by making a donation or becoming a sponsor

www.eventbrite.com/e/19th-annual-day-at-the-beach-072719

MARY & JOSEPH RETREAT CENTER, PALOS VERDES
Pain & medications can be so debilitating! Experience a unique retreat for people who hurt, and for whom it is difficult to move around and focus. Share with others what it is like to be in pain, be limited, be unable to leave the house. Companions are welcome at no charge. Sign-up early, registration limited.
Cost: $25
Light food will be served.

Join us for an evening of discussion on how family dynamics are formed and harmed by addiction, alcoholism and co-dependency. The role of contemplative prayer will be described and experienced as a method of healing from troubled family history. Anyone affected by addiction or alcoholism is a good candidate for this evening, including those in Alanon, Nar-Anon, ACA or any 12 step program. Cost: $10.

Info: Marlene Velazquez, 310-377-4867 | www.MaryJoseph.org
Mary & Joseph Retreat Center
5300 Crest Road, Rancho Palos Verdes, 90275

Find this bulletin online at AmericanMartyrs.org
MONTHLY FOOD DRIVE IS NEXT WEEKEND

One-pound bags of beans and rice continue to be staple foods in the St. Lawrence community, as are these other items:

- Cereal
- Oatmeal
- Instant Oatmeal
- Rice
- Beans
- Lentils
- Spaghetti
- Pasta
- Spaghetti sauce
- Peanut butter
- Jam
- Tuna
- Soup
- Canned meats
- Canned fruit
- Mac ‘n’ cheese
- Instant mashed potato mix

Your Sunday newspaper inserts and coupons can help save hundreds of dollars each week. Bring the coupons you receive to the Food Drive table. Thank you!

PANCAKE BREAKFAST THANKS YOU!

Hi everyone, I wanted to personally thank our American Martyrs parishioners and friends for your support and commitment to the parish Pancake Breakfast Ministry. We couldn’t do it without you.

We served approximately 3200 breakfasts. That consists of about 900 lbs. of pancake mix, 1000 lbs. of liquid eggs (not to mention the once we had to crack), 700 lbs. of sausages, 3000+ butter pads, 2000+ cups of coffee plus refills, 90 gallons of OJ, 20 Gallons of milk, a few paper to go plates, and...

ZERO plastic knives and forks!

Our food waste is used as fuel to power the recycling plant and we washed dishes to avoid the cost of paper products but most importantly reduced the trash output that goes to the landfill.

WHAT’S IT ALL FOR??

We donated:
- Breakfast to Men’s Cornerstone Retreat
- Family Promise ($1000)
- AMS Scholarships ($3,000)
- Knights of Columbus Guatemala House Build ($2,000)
- Matthew 25 for Food for the Homeless ($3,375)

We will be back again in September. We invite you (and your friends and family) to join this worthwhile ministry! Again, thank you, and have a great summer!

Regards,

John Wargnier and the Pancake Breakfast Ministry

Recent polls find that many people think of themselves as less religious, but more spiritual. Religion is judged to be impractical, or not as ‘enlightened’ as modern people. Those ideas and distinctions have been around for centuries and the only ones who are still going strong are those who practice religion.

Jesus visits Martha and Mary and they each have a different view of what needs to be done and who should do it. Martha is concerned about all the details of hospitality while Mary wants to listen to what Jesus has to say. When Martha objects and wants her sister’s help, Jesus reminds her that only one thing is important and since Mary has chosen it, she should not be deprived of it.

The practice of faith often takes second place to many other things that take our time and energy and give very little in return. Our choices leave little time for prayer, works of mercy or religious activity. Yet these are the only things that really count. They express our values and ideals, helping us to be missionaries of faith and witnesses of love. Don’t be fooled by the clutter of life and make busyness your excuse. Faith contains the treasure of life, a meaning and purpose that satisfy us. The better portion awaits our choosing.

~James Gaffney

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