The Epiphany of the Lord

January 6, 2019

Pastor
Rev. Msgr. John F. Barry, P.A.

Associate Pastors
Rev. Joseph Kammerer
Rev. Rick Prindle

Deacons
Fred Rose, Derek Brown
Chris Amantea, Dick Williams

Business Manager
Bob Hodges

Weekend Mass
Saturday Vigil: 5PM
Sunday:
7AM, 8AM, 9:30AM, 11:30AM and 5PM
7PM, on the first Sunday of the month

Weekday Mass
Monday / Wednesday / Friday:
8AM, 12:10PM, 5PM
Tuesday / Thursday:
6:30AM, 8AM, 12:10PM and 5PM
Saturday: 8AM

Holy Day Mass
Vigil: 5PM
Holy Day: 6:30AM, 8AM,
12:10PM, 5PM, and 7:30PM

Reconciliation (Penance)
Tues/Thurs: 7-7:15AM
Wed/Fri: 5:30-6PM
Saturday: 8:30-9AM | 4-4:30PM
Eves of Holy Days: 4-4:30PM
Confessions by request anytime;
call Rectory for appointment.

700 15th Street
Manhattan Beach, CA 90266
(310)545-5651
AmericanMartyrs.org

@AmericanMartyrs
CatholicCommunity

@MsgrJohnBarry
@AmericanMartyrs

@MsgrJohnBarry
@AmericanMartyrsChurch

The Epiphany of the Lord

When Jesus was born in Bethlehem of Judea, in the
days of King Herod, behold, magi from the east arrived in
Jerusalem, saying: “Where is the newborn king of the Jews? We saw
his star at its rising and have come to do him homage.”

Mt 2: 1-2
We welcome you to American Martyrs Catholic Community

PARISH FACILITIES

RECTORY / PASTORAL CARE
Mon-Fri, 9AM - 5PM | Sat, 10AM - 1PM
624 15th St, Manhattan Beach, CA 90266
310-545-5651 | Fax 424-327-9703

PARISH CENTER:
WELCOME CENTER, 310-545-5651
Mon-Thu, 8:30AM - 7PM | Fri, 8:30AM - 5PM
Sat, 8:30AM - 6:30PM | Sun, 8:30AM - 1PM & 4:30PM - 6:30PM
700 15th St, Manhattan Beach, CA 90266
310-545-5651

PARISH OFFICES
Mon-Fri, 9AM - 4:45PM | 310-545-5651
O’DONNELL HALL - Use Plaza entrance.
OUR LADY OF THE MIRACULOUS MEDAL
Use Plaza entrance.
St. KATERI ROOM - Use Deegan Place entrance or East parking lot entrance.

GYM - 701 15th Street | 310-802-8720
Do not park on 15th Street.
Use parking structure and crosswalk.

HOLY FAMILY HOUSE - 700 17th Street
Do not park on 17th Street.
Use lower level entrance next to Gym.

PARISH HOUSE - 659 15th Street

SACRED HEART HOUSE - 720 18th Street
Do not park on 18th Street. Park in O’Donnell or school lots and enter from schoolyard.

SPIRITUALITY CENTER - 770 17th Street
Do not park on 17th Street; use parking structure.
St. Joseph’s Chapel, Meditation Garden,
Upper Room Library (open Sunday, 10AM - 4PM)

RESERVING A FACILITY
Email your facility request (or for a table outside weekend Masses) including the date, time, # of people attending, purpose of the event, and a contact name, phone and email.
We make every effort to reserve a space to accommodate your needs. Church and Sacraments have priority for use of our facilities.
We do not use our facilities for private parties.
Email: Facilities@AmericanMartyrs.org

We are happy that you have joined us today in the Celebration of the Mass. If you are traveling, we hope you find our Catholic home welcoming.

If you are new to the area, we hope you return to celebrate with us, and please consider joining our parish community. Stop by our Welcome Center for more info or visit us at www.AmericanMartyrs.org.

DAILY PRAYERS OF THE CHURCH

EUCHARISTIC ADORATION CHAPEL
Mon-Fri, 7:00AM - 8:00PM
Sat, 7:00AM - 5:00PM | Sun, 1:00PM - 5:00PM
Closed during regular Sunday Masses.
Contact: AdorationChapel@AmericanMartyrs.org

DAILY ROSARY:
Monday - Saturday, 7:30AM
MORNING PRAYER:
Tuesday following 5:00AM
TUESDAY FOLLOWING BAPTISM:
Thursday following 6:30AM Mass
OUR LADY OF PERPETUAL HELP
DEVOTION & BENEDICTION
Tuesday following 8AM Mass

ROSSARY FOR THE UNBORN:
Wednesday following 5PM Mass, followed by the Divine Mercy Chaplet

ARMED FORCES
We pray for those serving overseas in our Armed Forces, especially:
Sgt Ciricco Ayala - U.S.M.C.
CPT Maureen Bannon - U.S. Army
LTJG Joshua Bergen - U.S. Navy
Capt Evan Bernstein - U.S.M.C.
Jonathan Concetti - U.S.M.C.
SSG Eric Cothren - U.S. Army
PVT Julia Cothren - U.S. Army
Lcpl Fred Hoffman - U.S.M.C.
SGT Charles Koffman - U.S. Army
2d Lt Dominick Lucenti - U.S. Air Force
1LT Nicholas Marquez - National Guard
CDR Mike Mclroy Mullen - U.S. Navy
Brendan Quinn - U.S. Navy
LT Marissa Watson - U.S. Navy

ASSISTIVE LISTENING DEVICES
Headphones are available for 9:30AM & 11:30AM Sunday Mass.
If you have trouble hearing at Mass, check one out in the vestibule, and return the device after Mass.

Sacramental Information

INFANT BAPTISM
1st, 2nd & 3rd Sundays at 1:00PM
Contact Deacon Fred Rose, 310-545-5651, for appointment.
Pre-Baptism instruction for parents and godparents is required.
Next class is Sunday, January 13 at 7:00PM, no RSVP necessary.

ADULT BAPTISM, CONFIRMATION & EUCHARIST (RCIA)
Deacon Derek & Terri Brown, RCIA@AmericanMartyrs.org
Rite of Christian Initiation for Adults welcomes and prepares adults for full participation in the sacramental life of the Church.
Classes begin in September.

MARRIAGE
Contact Rectory at least 6 months prior to wedding date.

The Parish Office is closed during regular Sunday Masses.
Contact Rectory anytime in case of serious illness.

Next Weekend's Mass Celebrants
SAT 5:00PM: Fr. Rick Prindle
SUN 7:00AM: Msgr. John Barry
8:00AM: Fr. Rick Prindle
9:30AM: Msgr. John Barry (Livestream)
11:30AM: Fr. Joe Kammerer
5:00PM: Fr. Joe Kammerer
This schedule is subject to change.

Pray for the Sick
Please pray for the sick in our community that they may find comfort and healing in Christ, especially:

Peter Champagne
George Bleecker
Reagan Sullivan
Stefan Lepold
Julia Bero
Christen Sproule
Bill Sweeney
Tim Breen
Erin Kelly
David Weber
Kathy O'Mara
Jack Radville
Jon Cocroft
Sheri Skulick
Monica McPheeters
Denise Lavelle
Kate Hoppe
Bud Freitas
Drake Walker
Blake King
Matt King
Marianne Steinbroner
Maria Babick Larson

In Memoriam
Siegfried Schmid
Nancy Paulikas
May the souls of all the faithful departed, through the mercy of God, rest in peace.

Assisting Listening Devices

Headphones are available for 9:30AM & 11:30AM Sunday Mass.
If you have trouble hearing at Mass, check one out in the vestibule, and return the device after Mass.

Anointing of the Sick
Celebrated at various times throughout the year. Call the Rectory anytime in case of serious illness.

Mass Intentions
Request in person at the Welcome Center.

Prayers for the Sick and Deceased
Contact the Rectory with the names of family members who are ill or deceased.

Funeral Planning
Contact the Rectory to arrange Funeral or Memorial Services.

Bereavement Support
Deacon Chris & Yvonne Amantea
amantea@AmericanMartyrs.org | yamantea@AmericanMartyrs.org
**Planned Giving**

Do you have an appreciated asset that you would like to turn into income today, but you don’t want to pay the capital gains taxes? You have options.

For information, contact Bob Hodges at 310-545-5651 or bhodges@AmericanMartyrs.org
**Tithing Committee Update**

We are a tithing parish and have made the commitment to give our “first fruits” to God through the practice of tithing. Through our Poor Fund we support many charitable organizations, and our Tithing Committee administers a portion of the Poor Funds to respond to grant requests.

One of our recent grants was given to Catholic Charities of Los Angeles, specifically to Our Lady of the Angels Region, for a project in the Venice community. The St. Robert’s Center is being renovated, in part with funding from American Martyrs Tithing Committee, and will provide respite day care for homeless and at-risk pregnant and parenting youth and their young children. The center will be able to provide rooms to rest, showers, laundry, nourishment, a Mommy & Me boutique for clothing and supplies, a food pantry, group therapy and group parenting classes, individual therapy and even a yoga and meditation room. The program, called “The Landing” at St. Robert’s Center, is expected to begin providing services in January 2019.

Please keep the team that is spearheading this project in your prayers, as well as the youth they serve. Your generosity helps make projects such as this possible.

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**Text-to-Give (310) 455-8032**

We are excited to offer Text-to-Give (TTG) through our online giving partner, Faith Direct.

Simply text any dollar amount (at least $1) to our TTG number above. You will receive a reply text with registration and directions.

If you already have a Faith Direct account, TTG will be linked to your account after registration.

**Questions?** Call Faith Direct, 866-507-8757 or Jenny Attanasio, 310-545-5651 | jattanasio@AmericanMartyrs.org

**Sign up for Online Giving**

Visit www.faithdirect.net with our church code: CA308.

Thank you for your continued support of our parish family during this season and throughout the year.

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**Attention All Twenties & Thirties!**

**OUR NEXT T&T MASS IS**

**TONIGHT, JANUARY 6**

**7:00PM, O’DONNELL HALL**

Join us for:

- Praise and worship, 6:45-7:00PM
- Mass at 7:00PM
- Social to follow

**Contact:** Monica Leon, mleon@AmericanMartyrs.org

We hope to see you there!

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**VIRTUS - Protecting God’s Children**

**Virtus Protecting God’s Children** is an awareness program on Child Sexual Abuse and a requirement for all parents in AMS and SRE. The course certification is valid for four years.

**Virtus Training (Protecting God’s Children):**

**Thursday, January 17, 7:00-10:00PM**

Our Lady of the Miraculous Medal Room

Registration is required at the VIRTUS website.

Go to www.virtusonline.org and click First Time Registrant and then view the American Martyrs session listed in the Los Angeles-San Pedro region.

**LIVESCAN Fingerprinting** will be here at American Martyrs on January 26, 2019. Call the Welcome Center to make an appointment, 310-545-5651.

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**Preschool Open House and Tours**

American Martyrs Preschool invites you to come by the Preschool to see our beautiful environment and learn more about our philosophy and the “why” behind our curriculum.

**Saturday, January 26, 10:00AM-12NOON**

(Adults only, please)

The Preschool Yard and Classrooms
1705 Laurel Avenue, Manhattan Beach

**Small Group Tours** of the preschool in action (for adults only, please) can be scheduled by calling 310-802-8149.

Tours are 9:00AM and 10:00AM ON:

**Thursday, January 10**

**Wednesday, January 16 - Thursday, January 17**

**Tuesday, January 29 - Friday, February 1**

We are flexible and do tours all the time though!

**Questions?** Call the preschool office at 310-802-8149.

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**2019 Religious Art Calendars** are in the vestibule of the church. Suggested donation is $3.

Please place your donation in the “Poor Box.”
Coffee & Donuts in O’Donnell Hall

Mens Cornerstone are hosting Coffee & Donuts after the 7AM, 8AM, and 9:30AM Masses.

NEXT WEEK:
Pancake Breakfast Ministry is serving pancakes, sausage, eggs, juice & coffee in O’Donnell Hall after 7AM, 8AM and 9:30AM Masses.

Please pay at the door.

Parish Life

Arlen’s Lighthouse

We invite you to join us on Friday, January 11, at 7:00PM in St. Kateri for our monthly meeting.

We gather to pray, sing, do crafts, play games and share a meal as we weave community with other families and friends of people with intellectual disabilities. All are welcome to join us and share in friendship and joy.

For more information, please go to faithandlight.org. Thank you for supporting our ministry.

Questions? Contact Regina Dell’Oro, goldcroms@gmail.com

Mothers of Young Children

Wednesday, January 9
9:30–11:00AM, St. Kateri

Please join us for our first meeting of 2019!

MOYC provides a network of friendship and local resources to mothers with babies through pre-school aged children in American Martyrs Parish. Whether you’re a first time mom or you come with a brood, we welcome you! Bring your children, your parenting questions, and your prayer intentions for fellowship in a relaxed, supportive environment.

Ministry Contacts: Joanie Chapman, 914-393-4999 or Joanne Rees, 831-320-9828 | moyc@AmericanMartyrs.org

Upcoming Workshops - Career Bridge Builders

As we look at a brand new year with new opportunities, we share the workshops and networking planned for early 2019.

All are welcome; there is no fee.
Please RSVP; text 310-779-6099.

New Year, New Strategy, New Job - Andrea Connolly
Thursday, January 10, 9:00AM–11:00AM

Whether you are considering making a career change or in the middle of a job search, kickoff the New Year by launching your career and job search. Participants will explore the current state of the job market and methods to energize your strategy.

Kick-off Your 2019 Job Search - Andrea Connolly
Tuesday, January 29, 9:00AM–11:00AM

Create focus in your job search by identifying your priorities, strengths, values and setting boundaries. Participants will define a personal plan and priorities.

Resume Development Workshop - Grace Moniz
Thursday, February 7, 9:00AM–11:00AM

In a competitive job market, learn how to develop a compelling resume that showcases the essence of you and how to set yourself apart from the competition.

All sessions are in the Our Lady of the Miraculous Medal room.

For more information: Andrea Connolly, careerbridgebuilders@AmericanMartyrs.org or check out our group on LinkedIn.

Pastoral Council Meeting - Monday, January 7

Each AMCC Pastoral Council meeting features an opportunity for parishioners to make suggestions or offer comments. This session is available from 7-7:15PM.

Join us on Monday, January 7, at 7:00PM in St. Kateri if you have a suggestion or comment.

Future meetings are on the first Monday of the month.
For more information, contact Vanessa Reyes-Smith, PCPresident@AmericanMartyrs.org.

Altar Society

Please join us on Thursday, January 10 in St. Kateri.

We begin with 8:00AM Mass in the church, followed by refreshments, and our guest speaker, Sr. Juliana, a Carmelite Sister of the Most Sacred Heart.

Bring a friend or neighbor. We hope to see you there.

Ministry Contact: Patty Dunn DiMarco, 310-545-2068

American Martyrs Catholic School

Are you interested in having your child attend American Martyrs School for the 2019 – 2020 school year?

Please join us for the following events:

New Family Information Night
Wednesday January 16, 2019
7:00PM in O’Donnell Hall

Join us for a presentation from our principal, Dr. Camryn Friel, followed by a Q&A. This is a wonderful opportunity to hear about the overall school program.

Meet the Mustangs (Prospective Families)
A great opportunity to view the school in action.
Starting at 8:45AM, parents are given schoolwide tours led by our 8th Grade Leadership Team. Administrators, as well as current students and parents, will be available to discuss our programs and answer your questions.

Friday, January 25 - Friday, February 8
Please RSVP online at AmericanMartyrsSchool.org

Find this bulletin online at AmericanMartyrs.org
This weekend we observe the Feast of the Epiphany of the Lord. The word epiphany means “manifestation,” and throughout the Christmas readings, we see that the newborn King is eager to reveal Himself to all those willing to accept His presence in their lives. From poor and humble shepherds, to the magi featured in today’s Gospel passage, Jesus makes it clear that He offers Himself as a gift to everyone.

We also see throughout the scriptures that God uses what is familiar to us to draw us to Himself. He calls to fisherman using boats and nets and when speaking to farmers, He uses images of seeds and sheep. In the case of the magi, who are astrologers, He uses a star. Our Lord continues to speak to each one of us today, but we must be alert to hear and see Him in our daily lives.

This requires that we strengthen our spiritual senses by spending time with the Lord in prayer frequently. In the same way that we set our personal goals, we need to set spiritual goals to ensure that we are taking the time to listen to God daily. When we establish a regular and intentional time for prayer, we will find the Lord continues to speak to us throughout the day. We will more easily recognize the “nets, seeds, and stars” He places before us to draw us into a closer relationship with Him.

We can take another inspiration from the magi. Recognizing Jesus as King, they fell prostrate before Him in worship and awe. We should also be awestruck at the greatness of God who has given us all that we have and whose love sustains our very existence. Like the magi, we should offer Him gifts in gratitude for such great love.

The more time we spend with our Lord, the more we will become aware of His presence in our lives. We will find that our daily lives are filled with “epiphanies” of His love and, in addition to our time, we will gladly offer our talents and treasure to Him in grateful response.

Please contact us at Stewardship@AmericanMartyrs.org, with questions or comments about Stewardship.

Check out the Care Note rack in the Church vestibule. Topics change frequently:

- Coping with Holiday Stress
- Getting Through the Holidays When You’ve Lost a Loved One

Please deposit donations in the Poor Box.
**M25 Outreach - St. Lawrence of Brindisi**

Join Matthew 25 on **Saturday, January 12** to feed the homeless and needy in the St. Lawrence of Brindisi community. **Volunteers meet at O'Donnell Hall at 8:00aM to prepare lunches, pack donations of clothing and toiletries, and then carpool to St. Lawrence to distribute these meals.**

**Donations of clothing, toiletry products, and books are appreciated.**

**Rockin’ Readers SLB** joins us to read and distribute books to the young children present with their parents. Volunteers are welcome to bring/donate books, and also to read to the children.

To volunteer or to donate items contact: Jim Quilliam at jimquilliam@outlook.com

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**Matthew 25 collects items for its outreach ministries around LA.**

You may leave these items **IN THE LOCKERS at the bottom of the stairs in the parking garage.** (Gently used or new, please)

- Mens t-shirts, jeans, sneakers, jackets, sweatpants
- Womens sneakers, clothes, accessories, sweatpants
- Kids clothes and shoes
- NEW socks or boxers/underwear
- Small travel-size toiletries
- Tents, sleeping bags
- Books for kids and young adults
- 16-32oz. plastic food containers with lids

No other items are needed, please.

Household goods, sporting equipment, sheets, bedding, toys, diapers, walkers, etc. can be donated to House of Yahweh, 2316 Artesia Blvd. Redondo Beach. Thank you!

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**M25 Outreach - Saturday Blessings**

Saturday Blessings needs help to feed, clothe and share our hearts with the Downtown LA Homeless. Every Saturday we meet at 6:00AM in the O'Donnell Hall parking lot, arrive in DTLA at 6:30AM and finish around 8:00AM.

Please contact James Redin, 310-465-7620, in advance so we can coordinate how many will be joining us.

With the changing season, we are in need of these items:

- Tents
- Sleeping Bags

And always in need of:

- Tennis shoes - gently used
- Mens boxers and socks - NEW
- Warm jackets
- Mens Medium & Large : t-shirts & sweatshirts
- Mens jeans, sweatpants, jackets
- Womens XL and XXL: jeans, sweatpants, uggs

Items can be labeled **SATURDAY BLESSINGS** and left in the Rubbermaid lockers at the bottom of the parking lot stairs.

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**The Life and Family Ministry includes education, activities, support and service in the following areas:**

- Abortion & Crisis Pregnancy
- Natural Family Planning
- Zellie’s Girls - Spiritual growth & support for mothers
- Post-Abortion Healing
- Adoption & Foster Care
- St. Joseph’s Fathers - Supporting fathers in spiritual growth
- Human Trafficking Awareness
- Miscarriage & Stillbirth
- Couple-to-Couple - Connecting couples for spiritual mentorship
- Exceptional Children
- Family Education
- Elder Care and End of Life

Ministry brochures are in the vestibule of the Church.

For information about **Life and Family Ministry**, contact Steve Perry, 818-800-5653 | LifeandFamily@AmericanMartyrs.org

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**FIFTH ANNUAL EVENT CELEBRATING THE BEAUTY AND DIGNITY OF EVERY HUMAN LIFE**

**REGISTER FOR FREE AT ONELIFELA.ORG**

JANUARY 19, 2019

**WALK FOR LIFE**

LA PLACITA OLVERA TO LA HISTORIC PARK

MUSIC • SPEAKERS • SERVICE • FOOD

**REGISTER FOR FREE AT ONELIFELA.ORG**
**Faith Formation**

**Infant Baptism Preparation**
Pre-Baptism instruction for parents and godparents is required to have your child baptized at American Martyrs Church.

**Next class is Sunday, January 13 at 7:00PM in St. Kateri.**

For information and schedule of classes, go online to www.AmericanMartyrs.org | Sacraments | Baptism.

**Questions:** Contact Deacon Fred Rose, 424-327-9610 or deaconfred@AmericanMartyrs.org

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**Sunday Scripture Readings with Fr. Joe**
Do you have a desire to better understand the readings and how they apply in our daily lives? Join us for lively talk and discussion.

**Wednesdays, 10:00-11:30AM**
**Our Lady of the Miraculous Medal room**

After this week's session, January 9, there will be a Potluck in the Parish House - bring a dish of your choice to share.

All are welcome, no advance work necessary, just come.

**Questions?** Call Mary Ann Millar, 310-374-9894

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**The Art of Spiritual Direction**
Spiritual direction is an ancient ministry, a unique one-to-one relationship in which a trained person assists another in the search for an ever closer union of love with God.

Directors listen carefully to the unfolding of directees' lives to help them discern the ways in which God is leading them. The practice of spiritual direction consists much more of "holy listening" rather than direction in the sense of offering guidance or direct advice.

American Martyrs maintains a list of Certified Spiritual Directors who have received training, formation, and are members of Spiritual Directors International. They are committed to spiritual growth, both personally and with those they accompany on their journey.

For more info, contact Jenny Attanasio, 310-545-5651 | jattanasio@AmericanMartyrs.org

*Be Still and Know that I Am God. Ps 46:10*

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**Men’s Cornerstone Retreat**
**February 1-2, 2019**

Register online at AmericanMartyrs.org

**Gain a New Perspective** by giving some time to strengthen your faith and deepen your life with family and God.

The 26 hour retreat begins Friday at 6:00PM and ends Saturday at 8:00PM. The Cornerstone team will feed you and send you home in plenty of time to rest up for Super Bowl Sunday!

Don’t miss out on the retreat, give yourself this gift.

**Questions?** Mike Delanty, 310-995-8623, or Mike Wilk, 310-292-7774.

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**Women’s Cornerstone Retreat - February 8-9, 2019**

**February 8-9, 2019, 5:00PM Friday - 8:00PM Saturday**

Give yourself the Gift of Cornerstone. Reflect and revitalize your relationship with God. Gather with ordinary women for this extraordinary experience!

**Registration is open:**
- Register online at AmericanMartyrs.org
- Submit an application to the Welcome Center
- Email application to WomensCornerstoneRetreat@AmericanMartyrs.org

Applications are available in the Welcome Center and in the church vestibule.

**Contact:** Donna Falzon, 310-940-9886 or WomensCornerstoneRetreat@AmericanMartyrs.org

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**Tuesday Morning Scripture Study**
The **Acts of the Apostles** provides us more than a history of the First Christians - it is the story about the Early Church with the Holy Spirit as the protagonist.

Christ did not leave his Apostles alone – He sent the Holy Spirit to guide, instruct and equip them. Enrich and deepen your faith as you learn how the Apostles continued Christ’s mission on earth through the Power of the Holy Spirit.

This series consists of 20 sessions from January 8 - June 4 with a two week Easter break.

**Please join us in 2019, class starts Tuesday, January 8.**

We meet in the Spirituality Center on Tuesdays, 9:15AM-11AM (770 17th Street). No need to register, just show up!

**Contact:** Al Fletcher, 310-379-5241 | alvinjerry@hotmail.com
SAFEGUARD THE CHILDREN

New Year’s Resolution: Become a mandatory reporter

Even if the legal requirements for mandatory reporting may not cover your specific position, as Catholics, we are called to protect the vulnerable at all times, and that may mean reporting on inappropriate behavior that puts a child at risk.

The only way we can prevent abuse is to learn the signs and take ownership for the safety of children in our communities. To read more from the VIRTUS® article “Make a New Year’s Resolution to Become a Mandatory Reporter,” visit: http://www.la-archdiocese.org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx.

For particular help, call Assistance Ministry at 213-637-7650.

Families in Faith

TODAY is the Children’s Liturgy at 9:30AM Mass

We invite all children grades 1-6 to join us at 9:30AM in Our Lady of the Miraculous Medal for a liturgy designed especially for them. Come pray with friends in a worship experience just for you. Parents welcome!

Parent Night for First Penance

Thursday, January 10
7:00PM in the church

AMS and SRE parents in the 2019 First Communion class attend this important night!

SRE Classes:

**Grades 1-6:**
- January 8/9
- January 15/16

**Sunday SRE:**
- January 6
- January 20

**Jr High SRE**
- January 8/9
- January 15/16

**Director of Religious Education:** Patti Williams, 310-546-4734
pwilliams@americanmartyrs.org

Faith-based books for kids are for reading in the Cry Room or in the Church. Please return the books to the cart in the Cry Room at the end of Mass.

Book donations are accepted at the Welcome Center.

**Contact:** Mary Hornickel, 310-466-3820

Faith Enrichment & Prayer

**BIBLE STUDIES**

Tuesday Morning Scripture Group
Tuesdays, 9:15-11:00AM, in the Spirituality Center
**Contact:** Alvin Fletcher, 310-379-5241

Sunday Scripture Reading with Fr. Joe
Wednesday, 10:00-11:30AM, in Our Lady of the Miraculous Medal

**MONDAY MORNING FAITH SHARING**
Mondays, 9:00-11:00AM, in the Parish House
**Contact:** Joanne Dispoto, jodispoto@gmail.com or 310-344-5833

**SILENT MEDITATION**
Friday, 11:15-12:00noon, in the Spirituality Center Chapel *(please use Pacific Ave. entrance.)*
**Contact:** Beverly Busby, 310-376-2056

**SPIRITUAL DIRECTION**
Contact: Jenny Attanasio for referral, 310-545-5651

**SPIRITUAL LIBRARY (The Upper Room)**
Open Sunday, 10:00AM-4:00PM, in the Spirituality Center, 2nd floor
**Contact:** Anna, 310-374-0863 or Millie, 310-938-3125

Parent Ministry

**Youth Ministry**

**YOU T H MINISTRY**

Life Night - TONIGHT, January 6, in St Kateri, 6:15-7:45PM
All High School teens are invited to join us at our next Life Night. Life Nights are open to all high school teenagers so bring a friend and we will see you then.

**Teen Tuesday Bible Study - every Tuesday, 6:00-7:30PM**
in Holy Family House, all high school teens are invited.

**Confirmation:**
Monica Leon, mleon@AmericanMartyrs.org
Nick Waggoner, nwaggoner@AmericanMartyrs.org

**Youth Ministry:**
Matthew Leon, matthew.leon@AmericanMartyrs.org
**Gym, Field & Athletics**
Louis Ann Selsky, 424-327-9578 | lselsky@AmericanMartyrs.org

**Seniors Exercise**
Tuesday and Thursday, 10:00-11:00 AM (no charge)
30 min. senior aerobics / 30 min. senior yoga.
Always go at your own pace; the class is run by CD, not an instructor. Come have some fun with us!

**Women's Volleyball**
Tuesday and Thursday, 8:00-10:00 AM
All players welcome, from beginners to advanced. Tuesdays are instructional; Thursdays are free play.
Rocky Wade, rockyvball1@hotmail.com

**Men's and Women's Coed Volleyball**
Tuesday, 8:00-10:00 AM
Intermediate skill levels and recreational play.
John Wargnier, 310-796-1058 | johnwargnier@AmericanMartyrs.org

**Gym Contact:**
Lou Ann Selsky, 424-327-9578 or lselsky@AmericanMartyrs.org

**Gym & Field Reservations:**
Contact Pat Breen, Gym Committee Chair
Gym@AmericanMartyrs.org

**Contact Information**

**Priests and Deacons**
- **MSGR John Barry** 310-545-5651
- **FR. Joe Kammerer** frjoe@AmericanMartyrs.org
- **FR. Rick Prindle** frrick@AmericanMartyrs.org
- **Deacon Chris Amantea** camantea@AmericanMartyrs.org
- **Deacon Derek Brown** dbrown@AmericanMartyrs.org
- **Deacon Fred Rose** deaconfred@AmericanMartyrs.org
- **Deacon Dick Williams** dwilliams@AmericanMartyrs.org

**Religious Education** 310-546-4734
1701 Laurel Ave, MB, CA 90266-4805
- **Director, Religious Education** Patti Williams pwilliams@AmericanMartyrs.org
- **Director, Youth Ministry** Monica Leon mleon@AmericanMartyrs.org
- **Sunday Preschool** Kathy Glynn sundaypreschool@AmericanMartyrs.org

**American Martyrs School** 310-545-8559 | fax 424-327-9704
1701 Laurel Ave, MB, CA 90266-4805
- **Principal, Camryn Friel, Ed.D.** AMS@AmericanMartyrs.org

**American Martyrs Preschool** 310-802-8149
1705 Laurel Ave MB, CA 90266-4805
- **Director, Mara Zepeda** mzepeda@AmericanMartyrs.org

**Parish Councils**
- **Pastoral Council President** Vanessa Reyes-Smith pcpresident@AmericanMartyrs.org
- **Finance Council Chair** Sandy Dunleavy financecouncil@AmericanMartyrs.org

**Administrative Staff**
- **Business Manager** Bob Hodges bhodges@AmericanMartyrs.org
- **Events Manager** Traci Britton trbritton@AmericanMartyrs.org
- **Facilities & Media Production** Bob Visty rvisty@AmericanMartyrs.org
- **Finance** Patti Johnson pjjohnson@AmericanMartyrs.org
- **LINC Coordinator** Matthew Leon matthew.leon@AmericanMartyrs.org
- **Liturgy & Worship** Monica Hughes mhughes@AmericanMartyrs.org
- **Music Director** Bill Svarda
- **Parish Communications** Anne Riordan ariordan@AmericanMartyrs.org
- **Parish Stewardship** Jenny Attanasio jattanasio@AmericanMartyrs.org
- **Pastoral Center Administrator** Dottie Arias dottie@AmericanMartyrs.org
- **Plant Manager** Tony Hatfield ahatfield@AmericanMartyrs.org
- **Technology** Scott Dixon sdixon@AmericanMartyrs.org
- **Welcome Center & Volunteers** Lou Anne Cappiello lcappiello@AmericanMartyrs.org

A Sign Language Interpreter is available for Sunday 5:00pm Mass, weddings, and funerals. Please call Gigi 310-528-9024.
Casa De Los Angelitos Maternity Home, 310-325-8208
24 Hour Pregnancy Helpline, 310-787-HELP
ARCHDIOCESE OF LOS ANGELES SEXUAL MISCONDUCT REPORTING LINE, 800-355-2545
VICTIMS ASSISTANCE MINISTRY Heather Banis, 213-637-7650

Give the gift of Prayer
American Martyrs Rosary available in the Welcome Center
Blue Glass † Walnut † Rosewood † Pearl

Give the gift of Prayer
Give the gift of Prayer
Religion & Spirituality: Their Impact on Health and Happiness

Children who were raised in a religious or spiritual environment subsequently were better protected from the “big three” dangers of adolescence:

- **Depression:**
  - **Those who attend religious services regularly are:** 12% less likely to suffer from depression.
  - **Those who pray or meditate frequently are:**

- **Substance Abuse:**
  - **Those who attend religious services regularly are:** 33% less likely to use illicit drugs.
  - **Those who pray or meditate frequently are:** 30% less likely to start having sex at a young age.
  - **Those who pray or meditate frequently are:** 40% less likely to have a STD.

- **Risky Behaviors:**
  - **Those who attend religious services regularly are:**
  - **Those who pray or meditate frequently are:**

A religious/spiritual upbringing not only protects against dangers of adolescence, but contributes positively to overall quality of life.

- **Those who attend religious services are:** 18% more likely to report high levels of happiness.
- **Those who pray or meditate frequently are:** 87% more likely to have high levels of forgiveness.
- **Those who pray or meditate frequently are:** 38% more likely to volunteer in their community.
- **Those who pray or meditate frequently are:** 47% more likely to have a sense of mission and purpose.

Read more about this project at [hfh.fas.harvard.edu/religious-communities](http://hfh.fas.harvard.edu/religious-communities)
American Martyrs Catholic Church

is hosting a

Winter Blood Drive

Sunday

January 13th

8 AM - 1 PM

Saint Kateri Room

Sign up with any Knights of Columbus

To schedule an appointment on-line, please visit: www.ucedonor.com

- Click on Blood Drives, enter Account Name: American Martyrs Church
- Click on American Martyrs Church Saint Kateri Room pick a time slot and schedule an appointment as a first time donor

For questions, please e-mail Rob@bongiovi.us or call (310) 855-4685

Movie ticket for all eligible donors

Remember to eat well and increase your fluid intake the day of your donation | Please bring photo ID

Questions and deferral reasons? Visit us at gotblood.ucla.edu